



Connestee Falls

THE GRILL & BAR

APPETIZERS

Pumpkin Hummus 6

Roasted pumpkin puréed with chickpeas, sesame oil, & spices & topped with crispy sage & roasted pumpkin seeds. Served with baked pita chips

Chicken Wings 12

Eight fried wings, flats & drums, tossed in your choice of sauce
(BBQ, hot, mild, Teriyaki)

Mini Tacos 7

3 crispy, mini flour taco shells filled with shredded chicken, lettuce, & tomato. Sour cream & pico de gallo served on the side

Fried Cheese Curds 8

Breaded white cheddar cheese curds, deep fried, & served with marinara sauce

Bang Bang Shrimp 11

Fried shrimp tossed in sweet & spicy mayonnaise & sesame seeds over shredded cabbage

SOUPS & SALADS

Choice of ranch, balsamic vinaigrette, thousand island, bleu cheese, honey mustard, Italian, raspberry vinaigrette, orange-thyme vinaigrette or Caesar. Add your choice of diced all natural **chicken (5)**, **shrimp (7)**, or **steak (12)**

Connestee Chili 5/7

Cup or bowl

Soup of the Day 5/7

Cup or bowl

Mediterranean Tri-colored Quinoa 11

A protein packed grain salad with mixed greens, artichoke hearts, tomatoes, Kalamata olives, red onion, feta cheese, extra virgin olive oil, & lemon

Roasted Beet Salad 10

Roasted & lightly pickled beets with baby arugula, crumbled goat cheese, & candied pecans with an orange-thyme vinaigrette

***Black & Bleu Salad** 18

Seared Sirloin steak over iceberg lettuce with bleu cheese crumbles, tomatoes, onions, seasoned croutons, & bleu cheese dressing

BURGERS

We proudly serve Angus Beef burgers, lettuce, tomato, onion, & pickle spear on a toasted brioche roll. Served with your choice of *fries, sweet potato fries, kettle chips, onion rings, fruit, slaw, side salad or Caesar salad*

Substitute Black Bean Burger or Chicken Breast

***Mushroom, Bacon & Swiss** 14

sautéed mushrooms, applewood bacon, melted Swiss cheese

***Southwestern** 14

avocado, fried jalapenos, pepperjack cheese, southwestern ranch

***Black & Bleu** 14

blackened seasoning, bleu cheese crumbles, caramelized onions

***The Connestee - Build Your Own** 12

applewood bacon, cheddar, American, pepperjack, Swiss cheese, mushrooms, caramelized onions, avocado, or jalapenos (\$1 each item)



BLUE ZONES PROJECT
by sharecare

*Consumer Advisory: Consumption of raw or undercooked meat, poultry, eggs, or seafood may increase the risk of illness.



Connestee Falls

THE GRILL & BAR

SANDWICHES & WRAPS

served with your choice of fries, sweet potato fries, kettle chips, onion rings, fruit, slaw, side salad or Caesar salad

Choice of White, Wheat, Rye or flour Tortilla Wrap

Pita Flatbread **9**

Garlic herb goat cheese spread topped with tomatoes, fresh basil, kalamata olives, & red onion

Corned Beef Reuben **13**

Sliced corned beef with sauerkraut, Swiss cheese, & thousand island dressing on toasted marbled rye bread. Served with a Kosher pickle

Connestee Club **13**

American & Swiss cheese, smoked turkey & ham, lettuce, tomato, & applewood smoked bacon sandwiched between three slices of white bread

Cubano **11**

Sliced ham & roasted pork, Swiss cheese, bread & butter pickles, & Dijon mustard in a pressed hoagie bun

Antipasto Sandwich **12**

Sliced salami, grilled asparagus & peppers, Provolone cheese, pesto, & baby arugula in a toasted hoagie roll

Chicken Pita **12**

Pulled chicken with mixed greens, tomatoes, avocado, & pepperjack cheese on pita bread

Philly **13**

Sliced prime rib with peppers, onions, & Provolone cheese in a toasted hoagie roll

PLATTERS

served with your choice of fries, sweet potato fries, kettle chips, onion rings, fruit, slaw, side salad or Caesar salad

Hot Dog **6**

(Hot Dog only \$3.50)

Grilled all beef hot dog served with slaw

Beer Batter Chicken Tenders **12**

Hand battered chicken tenders served with honey mustard or sweet chili dipping sauce

***Steak Platter** **17**

Seared to order 5oz sirloin steak

Quesadilla **7**

Griddled flour tortilla with melted cheddar-jack cheese, pico de gallo, sour cream, & avocado - add your choice of griddled all-natural chicken (5), grilled shrimp (7), or grilled mushrooms, peppers, & onions (3)

Shrimp Platter **13**

Choice of eight grilled or fried shrimp served with slaw, tartar or cocktail sauce

DESSERTS

Chocolate Lava Cake **7**

warm chocolate cake with a gooey ganache center with chocolate sauce

Chocolate Chip Cookie & Milk Cake **7**

two cookie cake layers separated by a creamy layer of milk mousse topped with chocolate chips & chocolate drizzle



BLUE ZONES PROJECT
by sharecare

*Consumer Advisory: Consumption of raw or undercooked meat, poultry, eggs, or seafood may increase the risk of illness.