



Connestee Falls

Blue Ridge Lounge & Overlook Dining Room

STARTERS

**Connestee Chili or Soup
of the Day**
Cup **5** Bowl **7**

Shrimp Cocktail **GF** **8**
Citrus poached shrimp with tangy
cocktail sauce

**Bang Bang Brussel
Sprouts** **GF** **8**
Crispy brussel sprouts tossed in a
sweet & spicy sauce

BLT Deviled Eggs **GF** **9**
Six deviled eggs on a bed of artisan
lettuce, topped with sundried
tomato & crispy bacon

SALADS

Add chicken or poached shrimp for \$7

House Side 3.5 Large 8
Artisan lettuce, cucumber, tomato, red
onion, croutons, & cheddar jack cheese

Caesar Side 3.5 Large 8
Crisp romaine, parmesan, & croutons.
Tossed in Caesar dressing

Mediterranean Quinoa **GF** **12**
A protein packed grain salad with artisan
lettuce, artichoke hearts, tomatoes,
Kalamata olives, red onion, & feta cheese.
Served with choice of dressing

Taco Salad **GF** **14**
Seasoned ground beef tenderloin, tomato,
onion, black olive, cheddar jack cheese, sour
cream, & salsa, served over romaine lettuce,
topped with crispy tortilla strips

ENTREES

Connestee Falls Burger* **15**
Cheddar cheese, bacon, lettuce,
tomato, onion, & burger sauce on a
brioche bun with choice of side.
Served medium to medium well.

Soba Noodle Bowl **V** **GF** **18**
Sesame marinated soba noodles
served hot with broccoli, carrot, radish,
scallion, & peas. Finished with a soy
glaze and topped with cashew
Add grilled chicken or shrimp \$7

Penne Pomodoro **22**
Penne pasta with tomato sauce &
parmesan cheese, with a choice of
shrimp or crispy chicken, & finished
with fresh basil pesto. Served with
vegetable of the day

Atlantic Salmon **GF** **25**
Pan seared salmon with a rosemary
apricot glaze. Served with vegetables,
& choice of potato or grain

Filet Mignon* **GF** **32**
6oz pan seared prime filet with
Gorgonzola cream sauce. Served with
vegetables, & choice of potato or grain

PLATTERS AND SANDWICHES

Served with choice of french fries, sweet
potato fries, onion rings, fresh fruit,
coleslaw, kettle chips or side salad

Chicken Tenders **13**
Beer battered chicken tenders rolled in
seasoned flour, then fried till crispy.
Served with a side of house made
dipping sauce

Fish Platter or Sandwich **14**
Fried or baked white flaky fish, served
with coleslaw & remoulade

Fried Shrimp Platter **14**
Eight shrimp served with coleslaw &
remoulade

Beef Tenderloin Tacos **13**
Two ground tenderloin tacos filled with
cheddar jack cheese, lettuce, onion,
salsa, & sour cream

Crispy Chicken Sandwich **13**
Toasted Brioche bun, lettuce, tomato,
pickle, cheddar cheese, & garlic aioli

RSVP@CONNESTEEFALLS.COM or CALL 828.885.7767 | 35°08'31"N 82°43'36"W

*Consumer Advisory: Consumption of raw or undercooked meat, poultry, eggs, or seafood may increase the risk of illness.

*Please advise that all fried foods may have come into contact with peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, fish, & love



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SPECIALTY PIZZA

Small (10") \$14

Medium (14") \$18

Large (16") \$22

Not available as 1/2 and 1/2

All pizza dough and sauces made in house

Margherita

Tomato sauce, mozzarella, sliced Roma tomato, balsamic glaze & fresh basil

Sicilian

Italian sausage, caramelized onions, goat cheese, & fresh basil

Connestee Five Cheese

Mozzarella, Parmesan, Fontina, Gruyere, & Provolone

Veggie

Spinach, mushrooms, tomato, bell pepper, black olives, & onion

Italian Meat Lovers

Salami, capicola, Italian sausage, & pepperoni

Vegan (Small Only)

 

Mushrooms, Roma tomato, spinach, & vegan cheese, on a GF crust

BUILD YOUR OWN PIZZA

Small (10") \$12

Medium (14") \$16

Large (16") \$20

Choose any three toppings

anchovy, bacon, black olives, mushrooms, garlic, spinach, bell pepper, banana peppers, caramelized onions, jalapeno peppers, tomato, onion, ham, Italian sausage, pepperoni, pineapple, goat cheese

Each extra topping \$2

Vegan Cheese \$4

Gluten Free Crust (Small Only) \$2

DESSERT

Boston Cream Cheesecake 7

Creamy cheesecake, pastry cream, & chocolate ganache

Mocha Mousse 7

With hints of coffee & chocolate

Chai Panna Cotta 7

Chai tea infused custard



BLUE ZONES PROJECT
by sharecare

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